

Lunch Program 2019/2020

Grades 4-8

Please do not include a milk order with this payment.

Dear Parents & Students,

Welcome back to another school year!! Our school Lunch Program still complies with the School Food and Beverage Policy from the Ontario Ministry of Education that came into effect September 1, 2011 for all Ontario schools www.ontario.ca/healthyschools. We continue to use Gabriel's Pizza which offers their pizzas on a nutritional whole-grain thin crust. We will continue with our Subway lunches, and Red Dot Cafe will continue to provide chicken fingers as well as pastas (description on the order form). *Please note if your child is absent for the day, their lunch will not be kept for the next day nor will it be sent home with a sibling.*

Please complete the attached forms and return them with your money, by **Monday September 16, 2019**. Cheques are to be made payable to "Castor Valley Elementary School Council". *If you are combining multiple children on 1 cheque please make sure to have all order forms together with the 1 cheque.*

If you have any questions please contact Tara Starzomski @ (613) 821-9883 mark.starzomski@sympatico.ca or Johan Rathwell @ (613) 821-0622 jbrathwell@rogers.com.

Please keep this page for your information.

Lunch Dates to Remember - Grades 4-8

<u>Subway</u>	<u>Chicken Fingers</u>	<u>Pizza</u>	<u>Pasta</u>
Oct 2, 2019	Oct 16, 2019	Oct 30, 2019	Nov 13, 2019
Nov 27, 2019	Dec 11, 2019	Jan 8, 2020	Jan 22, 2020
Feb 5, 2020	Feb 19, 2020	Mar 4, 2020	Mar 25, 2020
Apr 8, 2020	Apr 22, 2020	May 6, 2020	May 20, 2020
Jun 3, 2020			

PIZZA LUNCH

Our pizza's are Gabriel's whole grain thin crust pizza. Vegetarian pizza has mushrooms, green peppers, green olives, onion & tomatoes.

PIZZA LUNCH will be 4 times this year	Quantity	Price	Total
Cheese slice		x \$2.50 x 4	\$
Pepperoni slice		x \$2.75 x 4	\$
Vegetarian slice		x \$2.75 x 4	\$
Total for Pizza Days			\$

CHICKEN FINGER LUNCH

Served with celery & carrot sticks, ketchup, ranch dip or plum sauce.

CHICKEN FINGER LUNCH will be 3 times this year	Quantity	Price	Total
2 piece Chicken Fingers		x \$5.50 x 4	\$
4 piece Chicken Fingers		x \$7.00 x 4	\$
Total for Chicken Fingers Days			\$

Plum Sauce _____ or Ranch Dip _____ or Ketchup _____

PASTA LUNCH

Pasta comes in a 16oz bowl. Students must have the same type of pasta and juice for all days.

PASTA LUNCH (3 times this year)	Quantity	Price	Total
Marinara Sauce		x \$4.25 x 4	\$
Butter and Parmesan cheese		x \$4.25 x 4	\$
Total for Pasta Days			\$

LUNCH DAYS	TOTALS
Subway Total	\$
Pizza Total	\$
Chicken Finger Total	\$
Pasta Total	\$
Grand Total	\$

Cheques are payable to Castor Valley Elementary School Council.